

Anatomy for Bodyworkers

with Dr. James Mally

March 16 & 17, 2027 - Upper Body

March 18 & 19, 2027 - Lower Body

Tuesday through Saturday 9 am - 6 pm

Upper or Lower Body - \$300 (16 hours)

Both Classes - \$550 (32 hours)

\$25 for materials



Have fun making muscles out of clay!

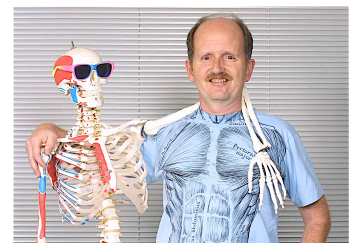
Join us for a fun experiential anatomy class designed to give you a feeling sense of anatomy. We will learn all the body's major muscles by making muscles out of clay and placing them in layers on a skeleton model.

As we learn the muscles, we will palpate them on each other and learn different massage techniques for each muscle, including stretching, counterstrain, and soft tissue release techniques.

This experience will give you a deeper kinesthetic understanding of anatomy, enhancing your ability to help your clients.

James Mally, N.D. (the one on the right) is an orthopedic massage therapist, teacher, and educational content producer with over four decades of experience. He teaches workshops around the world and founded MassageLibrary.com.

Dr. Mally is approved by the National Certification Board of Therapeutic Massage & Bodywork (NCBTMB) as a Continuing Education Approved Provider. Provider # 451329-10.



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